

UnitedHealthcare is offering a weight loss and healthy living program called **Real Appeal**. It's a simple, step-by-step program designed to help anyone get on the fast track to lasting weight loss without turning his or her life upside down. Real Appeal is available at no cost to all eligible members of our UnitedHealthcare plan.

This program is **free* for all eligible UnitedHealthcare plan members, including covered spouses and adult dependents.** You can get started by going to <http://uhc.realappeal.com>.

The best thing about Real Appeal is that it can work for anyone, no matter how much weight you want to lose or what kind of shape you are in. That's because you get your own personal weight-loss coach who customizes a plan specifically for your health goals, fitness level and lifestyle.

The program comes with a huge box – the Real Appeal Success Kit – stuffed with everything you need to put you on the road to results. It comes with step-by-step program guides, workout DVDs, recipes, healthy cooking tools, and more.

You can enroll now by clicking here: <http://uhc.realappeal.com>.

If you're looking to lose weight and get healthier, this program can help you reach this important personal goal.

Check out the flyer on the next page.

Get everything you need for lasting weight loss with **Real Appeal**.SM

A simple, step-by-step program
that helps you lose weight without
turning your life upside down.

**Enroll now at uhc.realappeal.com
to get this program for FREE!***



*The Real Appeal program is provided at no additional cost to you as part of your benefit plan.

 **UnitedHealthcare**[®]

Real People. Real Results. Real Appeal.

LOST
50
LBS



Dave L.
Age 47

*"I'm stronger. I have a lot more energy.
Thank you Real Appeal."*

LOST
37
LBS



Tashawna O.
Age 37

*"This is no diet, this is not a gimmick.
I feel great!"*

LOST
25
LBS



Amanda K.
Age 35

*"Real Appeal taught me I didn't
have to workout three hours a day and
I didn't have to eat like a rabbit."*

Enroll now at uhc.realappeal.com to get this program for FREE!*

Real Appeal is a voluntary weight-loss program that is offered to eligible participants as part of their benefit plan. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. Participants should consult an appropriate health care professional to determine what may be right for them. Any items/tools that are provided may be taxable and participants should consult an appropriate tax professional to determine any tax obligations they may have from receiving items/tools under the program. Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.
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