## OKALOOSA COUNTY MIDDLE SCHOOL
### TRACK SCHEDULE 2013

**Nov. 17, 2012**

<table>
<thead>
<tr>
<th>DATE</th>
<th>HOME</th>
<th>VISITOR</th>
<th>PLACE</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 13, 2013 Wednesday</td>
<td>Liza Jackson Shoal River Meigs</td>
<td>Pryor, Destin Ruckel, Lewis Davidson, Bruner</td>
<td>FWB HS Shoal River Etheredge</td>
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<tr>
<td>March 20 Wednesday</td>
<td>Pryor Shoal River Destin</td>
<td>Meigs, L. Jackson Bruner, Lewis Davidson, Ruckel</td>
<td>Ethereal Shoal River Destin</td>
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<tr>
<td>April 3 Wednesday</td>
<td>Davidson Ruckel Liza Jackson</td>
<td>Lewis, Pryor Shoal River, Meigs Bruner, Destin</td>
<td>Crestview Niceville FWB HS</td>
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<tr>
<td>April 10 Wednesday</td>
<td>Davidson Pryor Lewis</td>
<td>Shoal River, L. Jackson Bruner, Ruckel Meigs, Destin</td>
<td>Crestview Etheredge Niceville</td>
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<tr>
<td>April 24 Wednesday</td>
<td>Destin Meigs Ruckel</td>
<td>Pryor, Shoal River Bruner, Davidson Lewis, L. Jackson</td>
<td>Destin Etheredge Niceville</td>
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County Middle School Conference Meet – Etheredge Stadium – May 1, 2013
Bruler Middle School, Host, Running Events 5:00 p.m. – Field Events – TBA

### ORDER OF EVENTS
1. Shot/Discus/Long Jump
2. 100 Meter Dash
3. Mile Run
4. 400 Meter Relay
5. 400 Meter Dash
6. 200 Meter Dash
7. Sprint Medley
8. 800 Run
9. Mile Relay

### DUAL MEET COMPETITION
- **Scoring:** Individual Events 5-3-1 Relays 5-0
- **Participants:** Mile – 10 Runners
  Field Events – 3
  880 – 5 Runners
  100-200-400 – 3 Runners

### QUAD MEET COMPETITION
- **Scoring:** Individual Events 6-4-3-2-1 Relays 6-4-2
- **Participants:** Mile – 8 Runners
  Field Events – 3 (2 Throws, 2 Jumps)
  880 – 5 Runners
  100-200-400 – 3 (2 Heats)

### TRI-MEET COMPETITION
- **Scoring:** Individual Events 5-3-2-1 Relays 5-3-0
- **Participants:** Mile – 10 Runners
  Field Events – 3
  880 – 5 Runners
  100-200-400 – 2 Runners

### COUNTY CONFERENCE MEET
- **Scoring:** Individual Events 10-8-6-4-2-1 Relays 10-8-6-4-2-1
- **Participants:** Mile – 5 Runners
  Field Events – 2
  880 – 3 Runners
  100-200-400 – 2 Runners