

Okaloosa County Elementary Schools Breakfast September Menu

Area Supervisor and District Nutritionist: Aneita Sutton
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OCSD Nutrition Center: (850) 301- 3020



MONDAY ALTERNATES Cereal with Toast or String Cheese with Toast	TUESDAY ALTERNATES Cereal with Toast or Warm Pastry	WEDNESDAY ALTERNATES Cereal with Toast or Yogurt with Crackers	THURSDAY ALTERNATES Cereal with Toast or Cheesy Toast	FRIDAY ALTERNATES Cereal with Toast or Muffin
We want to remind you to reapply for the free & reduced meal program by September 21, 2017.				1 Maple Square Pears Diced 100% Juice Choice of Milk
4 Labor Day Holiday No School	5 Yogurt Smoothie Toast Peach Diced Choice of Milk	6 Sausage Pizza Fresh Orange 100% Juice Choice of Milk	7 French Toast with Syrup Pears Diced 100% Juice Choice of Milk	8 Egg & Cheese Sandwich Mixed Fruit 100% Juice Choice of Milk
11 Mini Cinni Fresh Apple 100% Juice Choice of Milk	12 Dutch Waffle Pears Diced 100% Juice Choice of Milk	13 Mini Chicken Sandwich Banana 100% Juice Choice of Milk	14 Pancake on a Stick with Syrup Fresh Apple 100% Juice Choice of Milk	15 Bagel with Cream Cheese Peaches Diced 100% Juice Choice of Milk
18 Mini Waffles with Syrup Fresh Orange 100% Juice Choice of Milk	19 Scrambled Eggs Toast & Grits Mixed Fruit 100% Juice Choice of Milk	20 Sausage Pizza Peaches Diced 100% Juice Choice of Milk	21 '17-'18 NEW MEAL APPLICATIONS DUE Pancakes with Syrup Pears Diced 100% Juice Choice of Milk	22 Fresh Baked Cinnamon Rolls Applesauce 100% Juice Choice of Milk
25 Cream Cheese Filled Bagel Fresh Apple 100% Juice Choice of Milk	26 Dutch Waffle Peaches Diced 100% Juice Choice of Milk	27 Sausage & Cheese Sandwich Mixed Fruit 100% Juice Choice of Milk	28 Waffles with Syrup Sliced Apples 100% Juice Choice of Milk	29 Maple Square Pears Diced 100% Juice Choice of Milk

What Makes a Breakfast Meal?

You must choose at least
3 of 5 listed components
available for the school breakfast price of
\$1.80 for paid, \$.30 for reduced,
FREE for those qualified.

Entrée
1/2 Cup Fruit Variety
1/2 Cup Juice
Choice of Milk

Variety of Fresh Fruit, 100% Fruit Juice and
Canned Fruits available daily.



Milk Choices Offered Daily- 8oz

Fat Free Flavored
Fat Free White and Low Fat White

Proud to manage your
food service program



Meal Prices:
Paid \$1.80
Reduced \$.30

Whole Grains Available Daily



MENUS SUBJECT TO CHANGE

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